

Trails in the East Hudson Highlands are built and maintained by the people who love and use them through volunteer service programs organized by the New York-New Jersey Trail Conference.

This map is adapted from East Hudson Trails, a three-map set that shows more than 150 miles of trails in the New York Highlands east of the Hudson River. Look for many of our other regional trail maps in the 'PDF Maps' map store! Trail Conference maps and books are your guides to hundreds of miles of hiking paths in the New York-New Jersey region. Our full-featured maps are printed in color, show elevation contours, and are waterproof and tear-resistant. Find our print maps at outdoor stores, order online at www.nynjtc.org, or telephone 201.512.9348.

The New York-New Jersey Trail Conference is a nonprofit organization that partners with parks and mobilizes thousands of hard-working volunteers who create, maintain, and protect more than 1,800 miles of public trails in the region.

Support the trails you love by:

- ★ Reporting trail problems on our website
- ★ Learning skills through Trail University
- ★ Volunteering with the Trail Conference
- ★ Becoming a member of the Trail Conference

To learn more about the trails, hikes, and volunteering, contact the Trail Conference.



New York-New Jersey Trail Conference
156 Ramapo Valley Road, Mahwah, NJ 07430
201.512.9348 www.nynjtc.org

Comments/Corrections

Please help us stay as up-to-date and accurate as possible. Your comments and/or corrections are greatly appreciated. If you have any comments on this map, or if you observe any problems with a particular trail, please contact us by phone, (201) 512-9348, or by e-mail, info@nynjtc.org.

Acknowledgements

Publications Chair: Daniel D. Chazin
Cartography: Jeremy Appgar and Eric Yadlovski
Cover Design: Lou Leonards
Text: Amy Bianco, Daniel Chazin, Jane Daniels, Walt Daniels. Portions are adapted from the *New York Walk Book*, 7th edition, revised 2005.
Field Data: We wish to thank the following persons who gave of their time to hike the trails, collect GPS data, and aid with field checking and review: Christian Lenz Cesar, Daniel Chazin, Geof Connor, Walt Daniels, Leigh Draper, Donna Fichter, Ed Goldstein, John Graham, Josie Gray, Hal Kaplan, John Jurasek, Terry & Judith Murphy, Pete Seeger, Dave Sutter, Scott Thompson, Irene Voce.
We also wish to express our appreciation to park personnel who provided information and suggestions.

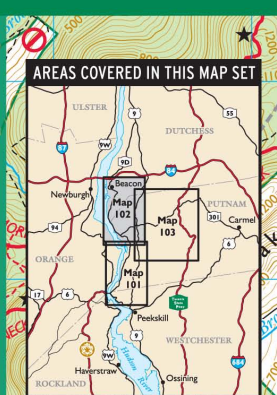
Made by the People Who Build the Trails

Hudson Highlands State Park
Dutchess County, NY
Putnam County, NY

Trail Map 102
Tenth Edition 2012

East Hudson Trails

- ▲ Breakneck Ridge
- ▲ Bull Hill (Mt. Taurus)
- ▲ Lambs Hill
- ▲ Scofield Ridge
- ▲ Sugarloaf Mountain
- ▲ Mount Beacon Park
- ▲ Fishkill Ridge



Published by
New York-New Jersey
Trail Conference, Inc.
Established 1920 • A non-profit organization
maintaining 1,800+ miles of marked hiking trails.



Connecting People with Nature since 1920

For Continuation See West Hudson Map 113



Tent & Trails proudly supports the Trail Conference volunteers who maintain the trails and helped produce this map.

TENT TRAILS
www.tenttrails.com
212.227.1760

East Hudson Trails Trail Map 102 2012 Edition



- Marked trails (trail color)
White Red Orange Yellow Green Blue
- Unmaintained trails
- Woods roads
- Interstate, US, NY State, or county route number
- Parking, roadside parking, train stop
- Scenic views
- Camping
- Tower
- Mine
- Keep out
- Swamps and wetlands
- Public open space



Copyright © 2012 New York-New Jersey Trail Conference, Inc.
This map was compiled and updated from USGS, OPRHP, and CSCIC data and other sources. Land boundaries and trail locations are approximate. Map referenced to NAD83. Elevation contour interval: 20 feet.

Hudson Highlands State Park

This 7,400-acre park encompasses almost the entire eastern side of the Hudson Highlands, from Peekskill's Annsville Bay north to Fishkill Ridge. The trails in this park are the most challenging in the area, offering spectacular views up and down the Hudson River, and of the Highlands on the west bank of the Hudson. The park features many rare plants and animals. Hudson Highlands State Park is administered by Fahnstock State Park. For more information, contact Fahnstock State Park, 1498 Route 301, Carmel, NY 10512; (845) 225-7207; www.nysparks.com.

Scenic Hudson

This not-for-profit environmental organization is dedicated to preserving the scenic beauty and natural character of the Hudson River Valley. Scenic Hudson owns and manages several parks shown on this map, including the 1,011-acre Fishkill Ridge Conservation Area, the 234-acre Mount Beacon Park, the 87-acre West Point Foundry Preserve, the 16-acre Long Dock Park, the 12-acre Madam Brett Park, and the Foundry Dock Park on the waterfront in Cold Spring. For more information, contact Scenic Hudson, One Civic Center Plaza, Suite 200, Poughkeepsie, NY 12601; (845) 473-4440; www.scenichudson.org.

Notable Features

Breakneck Ridge: The climb up Breakneck Ridge is generally considered to be the most strenuous hike in the East Hudson Highlands, involving steep climbs over rock ledges that can be very slippery when wet.
Cold Spring: The village center of Cold Spring is a National Historic District with 19th-century buildings.
Catskill Aqueduct: Completed in 1916, this gravity-fed aqueduct brings water from the Ashokan Reservoir in the Catskills to New York City.
Cornish Farm: The notch between Bull Hill and Breakneck Ridge was once a dairy farm, and many ruins of the farm remain and are visible from the trails.
Beacon Mountain: The City of Beacon takes its name from Beacon Mountain, where fires were kept by American militia during the Revolution.
Storm King Mountain: Rising sheer from the river to over 1,300 feet, Storm King Mountain looms across the Hudson from Breakneck Ridge.

General Regulations

Camping and Fires are not permitted on the parklands shown on this map.
Dogs are permitted on trails on a leash no longer than 10 feet. They are not permitted in public-use areas.
Horses and Mountain Bikes are not permitted on the trails shown on this map, except for a short section of multi-use trail in Fahnstock State Park.
Motorized Vehicles, including ATVs and other off-road vehicles, are not allowed on the parklands shown on this map. If you encounter any unauthorized vehicles, try to record the license number and report it to park police.
Swimming is not permitted within the parklands shown on this map.
Hunting and Guns are not permitted on the parklands shown on this map, except during turkey season in the spring and during deer season (bow-and-arrow hunting only) in the fall. For your safety, wear blaze orange.

Access

Parking Areas shown on the map are subject to change. There is no parking in state park parking lots after sunset.
Public Transportation is available to many trailheads via the Hudson Line of the Metro-North Railroad, www.mta.info. Trails on this map are accessible from Cold Spring, Beacon (some with taxi ride) and Breakneck Ridge. Hourly service is available to Cold Spring and Beacon from Grand Central Terminal in New York City, but only limited service is provided at Breakneck Ridge.

Trails and Blazes

Blazes indicate the trail route and are either paint or plastic tags. White may be used as a background for red or blue to improve visibility. A double blaze indicates a turn, with the upper blaze offset in the direction of the turn. A triple blaze marks the beginning and end of a trail.
Unmarked Trails and Woods Roads (dashed red or black) are not maintained and are not recommended for inexperienced hikers.
Roads designated by heavy solid lines are hard-surfaced. Roads designated by thin solid lines may be dirt or gravel.

Health and Safety

Water: Hikers should bring with them an ample supply of water. The water sources shown on the map are unreliable in quantity and quality. All water taken from unprotected sources should be purified before use. Potable water is available at restrooms and drinking fountains.
Dress: Wear sturdy shoes or boots with non-slip soles. Dress in layers of clothing so you can adjust for changing conditions. As appropriate, wear gloves, hats and gaiters.
Equipment: Carry a compass and paper map of the area, a whistle, a flashlight, a first-aid kit and bug repellent (spring and summer).
Risks: Be aware of risks. An injury on the trail, where there is no quick access to medical help, is always a serious matter. Leave your planned route and anticipated return time with a responsible party, particularly if you hike alone.

Emergency Phone Number

In case of emergency, call 911, New York State Park Police, (845) 889-4100 x310, or Fahnstock State Park, (845) 225-7207.

For Continuation See East Hudson Map 101